

5. All That Is, Is In You

Rolling waves of thunderous cloud
Tumble seamlessly into the ocean swell
Rushing lights, red and white
Coursing through crowded city arteries
Blood and traffic merge in the soul's eye
A world in every cell

Above below, so below
Within and out
Reflections bouncing back and forth
In endless, playful song
What I feel in me, I see in you
What I know to be true, arrives in a flash
After eons of careful construction

Mountains emerge and rock strata tilt
All waiting for thousands of years
To beckon you into their wisdom
The infinite truth of this moment

Love can not be given or taken, only shared
The perfect reflection of what is already there